



The Oak Tree

Low Carbon Farm

Press release - For immediate release

13th October 2015

The Oak Tree Low Carbon Farm's Annual Guided Farm Tour Saturday 17th October 2015 at 2pm

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The Oak Tree Low Carbon Farm, Rushmere-St-Andrew, East Ipswich, Suffolk will be holding its annual guided farm tour on Saturday 17th October at 2pm. The tour is open to all and costs a £5 minimum donation per adult payable in cash on the day (up to two children may accompany each adult free of charge). Wood fired tea or coffee (and biscuits) are included.

The Oak Tree Low Carbon Farm is home to Suffolk's first Community Supported Agriculture Scheme, where over fifty local households get involved in producing their own food, sharing the risks and rewards of farming. The farm was recently saved from closure thanks to the remarkable success of its "Save the Oak Tree" internet crowdfunding campaign which attracted donations from near and far, including India, the USA and Australia!

The farm will be inviting new members to sign up for a veg share box from June 2016 after the tour. Only limited membership places for veg share boxes are available, which will be allocated on a first come, first served basis.

Community Supported Agriculture (CSA) first developed in the USA and Japan, and is now spreading fast in the UK, The Oak Tree CSA was one of the first schemes in the UK when it began four years ago, and has been thriving and growing ever since.

Visitors will see vegetable beds, orchard, rare breed pigs, chickens, Jersey beef cattle, wood fired clay oven, cutting flowers ... and more! Sturdy waterproof footwear and warm clothing is recommended.

The Oak Tree Low Carbon Farm is a not-for-profit Social Enterprise that offers naturally grown vegetables, eggs, meat and flowers to its members. The aim of the farm is to supply good, nutritious food to farm members while being environmentally sustainable and offering educational and wellbeing benefits.

For directions and details about the tour please visit www.the-oak-tree.co.uk.

Please don't hesitate to contact Joanne Mudhar if you would like any further information about the tour on 07954 289 490 or email hello@the-oak-tree.co.uk.